



MOORE EAGLE TKD



October, 2011

**OCTOBER
TUITION
IS DUE**

Happy Birthday to:

Mr. Dillon Hernandez

October 1

Miss Lexi Hernandez

October 28



INSTRUCTORS

Mr. Dan Moore
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Mr. Bill Bell
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bellbw@comcast.net

CLASSES

Clear Lake Christian Academy
14325 Crescent Landing Drive, Houston
T/TH 6:00– 7:00 pm

Vicki Michelle Dance Studio
17315 Stuebner Airline, Spring 77379
Mon. 6:30– 7:30 pm (Ages 7+)
7:30– 8:30 pm (Adults only)
Wed. 5– 6 pm (Ages 7+)
Sat. 10–noon (all ages)

INFORMATION

For more information, visit our website at
www.moore-eagletkd.com

from blackbeltmag.com

Samurai Facts vs. Samurai Myths and Legends

From the medieval epics of Akira Kurosawa to the space operas of George Lucas, the samurai have long inspired us with stories of their legendary swords and superhuman skills. Nowadays, when we think of samurai, we imagine invincible warriors like Miyamoto Musashi nimbly wielding super-sharp swords, slicing through ninjas and catching blades with their bare hands. But how much of that is actually true?



Samurai Myth No. 1: A good samurai sword will slice through a silk scarf that's dropped on the blade.

Samurai Fact: The katana and other Japanese swords are designed to slice objects as the blade is pulled across the target. If an object is simply dropped on the blade, it's very unlikely that any slicing action will occur. That's why so many exhibitions that involve walking on swords are possible. As long as there's no sliding action, the blade rarely cuts. If a scarf is allowed to slide across the edge, the material could be cut. This myth has been carried over from a story about a Damascus blade owned by Saladin.

Samurai Myth No. 2: A katana can chop a regular sword in half.

Samurai Fact: Any steel sword can break if it's struck at the wrong angle. Chopping one in half, however, is highly unlikely.

Samurai Myth No. 3: In battle, Japanese swordsmen would use the edge of the blade to block their enemy's attacks.

Samurai Fact: The edge of the blade was often used to block an opponent's attack. However, most swordsmen would fend off an attack by launching a pre-emptive strike or receiving the attack on the side of the blade. This was preferable to blocking with the ha, or cutting edge.

(continued on page 2)

WELCOME ABOARD

A big WELCOME to all our new TaekwonDo students from the Vicki Michelle studios. We look forward to practicing with you and competing with you in future tournaments.

You can find past editions of our newsletter, information on upcoming events, information and instructional videos on the different patterns, as well as pictures from tournaments and class testings which you can download.

You can always obtain useful information our our website, www.moore-eagletkd.com. If you need Testing Requirements for your next belt test, be sure to check the "Testing Requirements" link on our website. The login for the page is **EagleTKD**, and the password is **Warriors**.

If you find you are unable to attend class, if you could send us a quick email or text, it would be greatly appreciated. You can call/text Mr. Moore @ 281-795-1229, or Mrs. Moore @ 281-723-8044.

Samurai Facts vs. Samurai Myths and Legends

Samurai Myth No. 4: It's possible to stop a downward sword strike by trapping the blade between your palms.

Samurai Fact: This is highly implausible and definitely not recommended.

Samurai Myth No. 5: Thinking that it's better to lose an arm than lose his life, a samurai was taught to block a downward slash with his forearm held overhead at a 45-degree angle.

Samurai Fact: A katana or tachi is quite capable of slicing through an arm in a single stroke. At that time in history, losing an arm usually meant death.

Samurai Myth No. 6: In ancient Japan, samurai often fought against ninja.

Samurai Fact: This is more myth and legend than fact.

Samurai Myth No. 7: A samurai wasn't allowed to place his sword back into its scabbard without first drawing blood.

Samurai Fact: Not true.

Samurai Myth No. 8: The steel in some swords is composed of thousands of folded layers.

Samurai Fact: Each time the sword smith folds the steel, the layers are multiplied. It's not uncommon to have as many as 32,000 layers.

Samurai Myth No. 9: The bo hi (often translated as "blood groove") is designed to channel blood out of the opponent's body.

Samurai Fact: This is a common misconception. The bo hi is designed to lighten the blade while maintaining a large degree of structural integrity. It was sometimes used to hide flaws in a defective blade.

Samurai Myth No. 10: Thousands of samurai swords were thrown into the ocean when Japan surrendered to the United States at the end of World War II.

Samurai Fact: Many blades were destroyed by Allied forces at the end of the war. Some of them may have been cast into the sea from aboard ships, as were many other weapons.



Verse of the Week - Learn to Laugh More

"He will . . . fill your mouth with laughter, and your lips with shouts of joy." Job 8:21

There's nothing like a sense of humor for getting through the tough times. Doctors say laughter is like "internal jogging"- it's good for you. It actually widens your arteries, de-stresses your heart and strengthens your immune system, enabling it to fight off disease. The Bible agrees, "A merry heart doeth good like a medicine . . ." (Proverbs 17:22). A positive attitude will bring you more favor and co-operation than a negative one. When you keep adding to the heat and confusion of a crisis, people lose respect for your ability to handle things under pressure. But if you stay cool and maintain your sense of humor when things are falling apart, they'll show their appreciation in better work and increased loyalty. Jesus said, "The thief comes . . . to steal and . . . destroy; I have come that they may have life . . ." (John 10:10). Don't let Satan steal your joy! Sure, some problems are serious, but you gain nothing by exaggerating their importance or dwelling on the bleak side of things. Instead, put the problem into God's hands and watch the results you get! Job says, "He will . . . fill your mouth with laughter and your lips with shouts of joy." Remember Job? And his wife? If he could say that after everything he'd been through - surely you can too!

Listen: "A cheerful heart brings a smile to your face; a sad heart makes it hard to get through the day" (Proverbs 15:13). You can find something to smile about in almost any situation - when you know Who's on your side!

