



MOORE EAGLE TKD

JANUARY 2010

UPCOMING EVENTS

**Texas State Championship
Austin
February 20**

**Class Testing
March 20**

**HITT
April**

**ITF World Cup
Las Vegas
October**



TEAMWORK

"The strength of the team is each individual member... the strength of each member is the team!" (Phil Jackson, Coach, Chicago Bulls)

For a sports team to exist, you need a group of talented athletes, who work together to achieve a common goal of winning the match. There are 4 characteristics that individual members and the team as a whole needs in order to be successful. These can be described by the acronym:

T - Trust
E - Enthusiasm
A - Ambition
M - Motivation

Trust allows team members to depend on each other and good teamwork is based on trust. Trust is built when team members get to know each other and their abilities and commitment. It grows as the team practice together until and developed team has an almost instinctive feel for one another.

Enthusiasm is the glue that holds the team together. The whole sports team needs to share an enthusiasm that is born out of the desire to be a member of the team. Each team member needs to have pride in the team as this creates social cohesion.

Ambition gives the team direction. The individual team members and the team as a whole needs to have ambition to achieve the goal of winning ethically. When a team is united in their pursuit of a common goal or ambition they have good task cohesion. Every member needs to know the team's goals and ambitions and be committed to achieving them. Individuals need ambition to attend training sessions and focus on improving their skills to the benefit of both themselves and the team.

Motivation is what drives the team to achieve. Motivation comes from having a challenge that the player believes he is able of achieving. When all the team members believe that the team can overcome the obstacles in the path to achieving the goal, we say the team has good group efficacy.

A single arrow is easily broken, but not ten in a bundle.

Verse of the Week

DO YOU NOTICE?

"... Joseph noticed the dejected look on their faces." Genesis 40:6

Often you can tell by somebody's facial expression what's going on inside them: "... Joseph noticed the dejected look . . ." on the faces of the butler and baker. Even though he was suffering himself, Joseph found joy and fulfillment through reaching out to others. Would it have been easier to focus on his own problems? You bet – that's what we're all tempted to do. But it's self-defeating and usually ends in isolation and emptiness. Henry Drummond said, "As you look back on your life, the moments that stand out are always the ones when you did things for others."

When Joseph realized that he wasn't the only one hurting, he did what Jesus would've done - treated those around him with compassion. How about you? Do you notice "the dejected look?" During hard times are you self-absorbed, or concerned about others who are hurting, especially when you've nothing to gain by it? Encouragement is like sunlight to a closed-up flower; it can make a world of difference to somebody who's struggling. Writer Rene Bazin says, "A remedy for the evils of our time . . . is the gift of yourself to those who've fallen so low that even hope fails them."

When the butler was released, he forgot his promise to put in a good word for Joseph. But God didn't forget! No, Joseph's best days were ahead . . . his rise in Egypt . . . his service to a nation . . . his impact as a leader . . . his reconciliation with his family. Listen: "... God turned into good what [others] meant for evil . . ." (Genesis 50:20) and God will do the same for you.

January 2010

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CLASSES

Clear Lake Christian Academy
14325 Crescent Landing Drive
T/TH 5:30– 6:30 pm

INFORMATION

For more information about the class, patterns, past newsletters, upcoming events etc, visit our website at www.moore-eagletkd.com